

# John Dory's<sup>®</sup>

## ***Our Promise***

***Great food tastes so much better when you know  
it's made with love and sourced with care.***

***We are proud to be custodians of nature's  
bounty and it's important to us to make sure  
our oceans continue to serve generations to come.***

***We are proud that our seafood is sustainably sourced.  
See our species listing at the back of our menu.***

JOHN DORY'S WORKING IN PARTNERSHIP WITH WWF-SASSI  
TO ENSURE THAT WE MEET OUR COMMITMENTS TO SUSTAINABLE SEAFOOD.



Customer Care 0860 536797, 0860jdorys | [f](#) [e](#) [@](#) [www.johndorys.co.za](http://www.johndorys.co.za)

John Dory's Franchise (Pty) Ltd Co. Reg. No. (2004/030578/07)

The visuals are for descriptive purposes and meals served could vary.

# STARTERS

Oceanic appetisers to set you on the right course.



## CALAMARI TUBES

Calamari tubes & squid heads served in a creamy lemon butter sauce with warm Portuguese roll slices or savoury rice.

## MUSSEL BOWL

JD's mussels, cooked in a garlic, herb & white wine sauce. Served with a warm Portuguese roll.

## CHEESY GARLIC ROLL ✓

Brushed with garlic butter & topped with grated mozzarella & Cheddar cheese.

## FRESH OYSTERS (EACH)

Fresh from the ocean & never frozen.

## 6 OYSTERS

## CHEESY JALAPEÑO POPPERS ✓

Jalapeño, stuffed with a mix of cheeses, crumbed & deep-fried. Served with sweet chilli sauce.

R79

## CHEESY PRAWN TAILS

6 Prawn tails cooked in a garlic butter & JD's specially-seasoned creamy white sauce, topped with mixed cheese & oven-baked. Served with warm Portuguese roll slices.

R79

R59

## FISH CAKES

2 Panko-crumbed fish cakes, topped with avo & salsa. Served with tartare sauce.

R59

R29

## SALAD SENSATIONS

R25

## GREEK SALAD ✓

Our selection of salad greens with olives & feta cheese.

R69

R129

## CAJUN CHICKEN SALAD

Salad greens with Cajun chicken breast strips, tomato, onions, avo, feta cheese, lentils & chickpeas.

R99

R59

## VEGETARIAN SALAD ✓ New

Salad greens with chicken-style strips, tomato, onions, avo, feta cheese, lentils & chickpeas.

R99



# PLATTERS

All platters are served with chips & rice OR side veg OR a side salad.



Captain's Platter

## PLATTERS FOR 1

**JOHN'S PLATTER** R155  
1 Petite hake fillet, calamari strips & 4 JD's prawns.

**CAPTAIN'S PLATTER** R199  
4 JD's prawns, 1 petite hake fillet, calamari tubes & heads, & mussels served in a white wine, garlic & herb sauce.

## PLATTER FOR 2

**TWO SAILORS' PLATTER** R295  
2 Petite hake fillets, 10 JD's prawns, calamari tubes & heads, & mussels served in a white wine, garlic & herb sauce.



John's Platter

## FAMILY SHARING PLATTERS

**MEAT SHARING PLATTER** R389  
400g Pork ribs, 10 JD's prawns, 2 portions of calamari strips & a 1/4 chicken.

**SEAFOOD SHARING PLATTER** R399  
10 JD's prawns, 4 petite hake fillets, 2 portions of calamari tubes & heads with 2 portions of mussels in a white wine, garlic & herb sauce.

# PLATTER ADD-ONS

For a JD's-style feast, max up your platter by adding any of our delicious add-ons.

See our "Top-Ups" section for more sides to add to your platter.

**CALAMARI TUBES**  
5 JD'S PRAWNS

**R59**  
**R49**

**CREAMY MUSSELS**  
**CALAMARI STRIPS**

**R42**  
**R42**

# LIGHT MEALS

## PRAWN TACOS

2 Mexican yellow corn soft shell tacos filled with Chipotle prawns, coleslaw, lettuce, avo, feta cheese crumbs & a homemade mango salsa. Served with jalapeño mayo.

R96

## CHICKEN TACOS

2 Mexican yellow corn soft shell tacos filled with Chipotle chicken breast, coleslaw, lettuce, avo, feta cheese crumbs & a homemade mango salsa. Served with jalapeño mayo.

R89

## VEGETARIAN TACOS

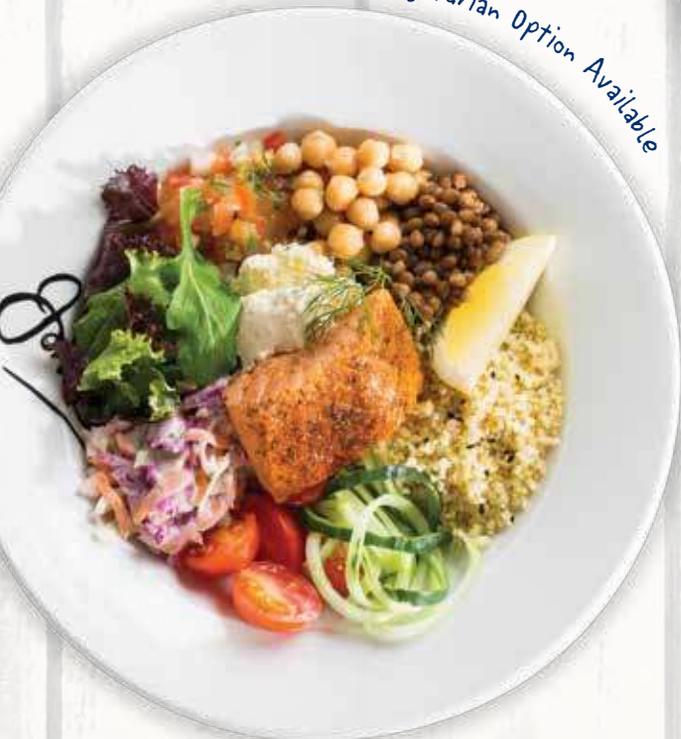
2 Mexican yellow corn soft shell tacos filled with chicken-style strips, coleslaw, lettuce, avo, feta cheese crumbs & a homemade mango salsa. Served with jalapeño mayo.

R89



Chicken Tacos

Salmon Bowl. Vegetarian Option Available



## SALMON BOWL

Chipotle-spiced salmon, bulgar wheat, avo, cucumber, lettuce, coleslaw, chickpeas, lentils, cherry tomatoes & homemade mango salsa. Served with a dollop of yogurt.

R119

## VEGETARIAN BOWL

Chicken-style strips, bulgar wheat, avo, cucumber, lettuce, coleslaw, chickpeas, lentils, cherry tomatoes & homemade mango salsa. Served with a dollop of yogurt.

R99

## PRAWN & CHORIZO MAC & CHEESE

Macaroni tossed in a cheesy prawn & chorizo sauce, topped with panko-crust & a Parmesan crust. Served with a side salad.

R99



Prawn & Chorizo Mac & Cheese

ALTHOUGH THE GREATEST OF CARE IS TAKEN TO REMOVE THE BONES FROM OUR FISH, A FEW MAY REMAIN BEHIND. PLEASE TAKE CARE WHEN ENJOYING YOUR MEAL.



# FISH MARKET

Choose from chips  
OR rice OR side veg  
OR a side salad.



Double Hake & Coleslaw

## CATCH OF THE DAY

Ask your waitron about our selection of linefish.

R149

## CALAMARI MAIN

Calamari tubes & squid heads or calamari strips.

R145

## PETITE HAKE & CHIPS

2 Petite hake fillets, grilled or fried. Served with chips & tartare sauce.

R69

## HAKE THERMIDOR

2 Hake fillets covered with a cheesy prawn & mushroom sauce topped with mussels.

R159

	Single	Double
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## HAKE & CHIPS

R89

R119

New traditional-battered or grilled hake fillet. Served with coleslaw.

## SOLE Better for you!

R109

R169

Ask about availability.

Sole, grilled the JD's way & finished with creamy lemon sauce. Served with coleslaw.



Hake Thermidor

## PRAWNS GALORE

### 10 JD'S PRAWNS

10 JD's prawns brushed in our famous JD's basting.

R129

### 6 QUEEN PRAWNS

6 Queen prawns brushed in our famous JD's basting.

R139



10 JD's Prawns

# GRILLS

All grills are served with  
3 onion rings & chips OR rice OR side veg  
OR a side salad.



Surf & Turf

200g

## TENDER-CUT STEAK

R129

Class A prime-cut beef grilled to perfection. Served with either cheese or mushroom sauce.

## PORTUGUESE STEAK Better for you!

R145

Class A beef on a bed of creamy peri-peri, sliced chorizo sausage & red onions. Topped with an egg.

## SURF & TURF

R149

Prime-cut beef, 2 JD's prawns & mussels served in a white wine, garlic & herb sauce. Enjoy the best of both worlds.

## CHARGRILLED CHICKEN BREASTS Better for you!

R92

2 Chicken breasts basted with your choice of lemon & herb or BBQ or peri-peri sauce.

## TEMPURA CHICKEN SCHNITZEL

R89

1 Chicken breast battered, crumbed & deep-fried. Served with either cheese or mushroom sauce.

400g 600g

## RIBS

R149 R189

Chargrilled sticky BBQ or peri-peri pork ribs.

Portuguese Steak



# SAUCES

Creamy conveyor of flavour!

CREAMY MUSHROOM SAUCE  
CHEESE SAUCE

R20  
R20

CREAMY GARLIC SAUCE  
CREAMY LEMON SAUCE

R19  
R19

# COMBOS

Choose any of our famous combos & complete your meal with a choice of chips OR rice OR side veg OR a side salad.



*sole & Prawns*

## SOLE & CALAMARI STRIPS

1 Piece of sole, grilled the JD's way, finished with creamy lemon sauce & calamari strips.

## HAKE & PRAWNS

Hake fillet with 6 JD's prawns, brushed in our famous JD's basting.

## CALAMARI TUBES & CHORIZO New

Red onions, chorizo, calamari tubes & heads pan-fried in garlic butter, lemon & herb with a hint of peri-peri & finished off with a dash of cream. Served with savoury rice & a roll.

R129

## HAKE & CALAMARI TUBES

Hake fillet with a portion of calamari tubes & heads.

R139

R129

## CALAMARI TUBES & PRAWNS

Calamari tubes & heads with 6 JD's prawns.

R149

## 1/4 CHICKEN & RIBS Better for you!

400g Pork ribs & 1/4 chicken grilled in lemon & herb or BBQ or peri-peri basting.

R179

R119

## SOLE & PRAWNS

Sole & 6 JD's prawns, brushed in our famous JD's basting.

R139

*Calamari Tubes & Prawns*



# TOP-UPS & EXTRAS

Reel in your favourite side dish to complement your Main Meal.

Only available with Main Meals ordered!

## 5 JD'S PRAWNS

R49

## TRADITIONAL-BATTERED

## SIDE SALAD

R24

## ONION RINGS

R29

## CHIPS

R26

## SIDE VEG

R32

## SAVOURY RICE

R22

(ask your waiter for selection)

## CALAMARI STRIPS

R42

## PORTUGUESE ROLL

R11

## COLESLAW

R15

# DESSERTS & SHAKES

All desserts are served with your choice of cream OR ice cream.

## DESSERTS

**BROWNIE** R59  
Decadent chocolate brownie.

**PEPPERMINT TART**  R39  
Layers of Tennis Biscuits & caramel topped with cream & Peppermint Crisp crumbs.

**JD'S-STYLE TIRAMISU** R39  
Finger biscuits soaked in coffee & Cointreau liqueur, layered between Caramel Treat. Topped with cream & grated dark chocolate.

**ICE CREAM & BAR ONE SAUCE** R36

## HOT DRINKS

**COFFEE** R22  
**DECAF** R21  
**CAPPUCCINO** R24  
**ESPRESSO** R19  
**CAFFÈ LATTE** R26  
**TEA ROOIBOS OR CEYLON** R19  
**MILO** R22  
**HOT CHOCOLATE** R23



## GOURMET SHAKES R55

**MILKYBAR & JELLY TOTS**  
**KITKAT**  
**SALTED CARAMEL**



## SHAKES R39

**BAR ONE**  
**CHOCOLATE**  
**STRAWBERRY**

## SPECIALITY DRINKS

Available with Kahlúa or Irish Whiskey

**DOM PEDRO** R39  
**IRISH COFFEE** R42

ⓘ Our desserts are made in a facility that uses tree nuts.

# SUSHI GALORE

92753 Main & Sushi Menu December 2020



FRESH FROM THE BELT

# FOR THE LOVE OF



## NIGIRI

2 Pieces of nigiri. Rice with your favourite topping.

- PRAWN
- TUNA/SALMON



## SANDWICHES

2 Sandwiches. Nori seaweed with outer layers of rice, plus inner layer of avo & your favourite filling.

- AVO
- PRAWN
- TUNA/SALMON



## MAKI

3 Pieces of maki. Nori seaweed & rice wrapped around your favourite filling.

- AVO
- TUNA/SALMON



## BEAN CURD

2 Pockets made from inari (fried soya beans) filled with rice, avo, Kewpie mayo, Seven Spice & your favourite filling.

- AVO
- SALMON/PRAWN



## CALIFORNIA ROLLS

4 California rolls. An outer layer of rice lined with nori seaweed, filled with avo & your favourite filling.

- CUCUMBER/CRAB
- TUNA/SALMON
- PRAWN



## CUCUMBER ROLLS

4 Thinly sliced cucumber rolls, wrapped around rice & your choice of filling, topped with Kewpie mayo & caviar.

- PRAWN/TEMPURA PRAWN
- SALMON



## PRAWN AVALANCHE

3 Prawn California rolls, topped with half a tempura-rolled prawn & spicy mayo sauce.



## PRAWN VOLCANO

3 Prawn California rolls, topped with Sriracha crab salad, a Sriracha prawn & coriander. Drizzled with Sriracha mayo.



## THE BOMB

4 Prawn California rolls topped with delicate slivers of salmon & tuna, Kewpie mayo, caviar & drizzled with yakitori sauce.



## RAINBOW ROLLS

4 California rolls with delicate slivers of tuna or salmon or prawn, & avo. Topped with Kewpie mayo & caviar.



## C & C BOMBS

3 Sriracha crab & cream cheese bombs crumbed with tempura crumbs & deep-fried. Topped with smoked mayo & caviar.

# SUSHI!

R39

R46

R56

R59



## CHIRASHI SUSHI COCKTAIL **New**

● 4 Deep-fried prawn balls, cucumber ribbons, avo & sushi rice. Drizzled with our spicy honey sauce & sesame seeds.



## HOT TUNA & HONEY AVALANCHE **New**

● 3 California rolls topped with 3 fried tuna panko-crumbed balls infused with saffron chutney & coriander, topped with spicy atchar & drizzled with our spicy honey sauce.



## HOT SALMON & HONEY NIGIRI **New**

● 2 Spicy honey salmon nigiri topped with avo & a thin slice of cucumber, panko crumbs, lemon zest, sesame seeds & our spicy honey sauce.



## TRIO

1 Tuna or salmon California roll, 1 tuna or salmon rose & 1 tuna or salmon nigiri.

● TUNA/SALMON



## ● PRAWN TEMPURA

3 Prawns dipped in tempura batter, rolled in crispy tempura flakes & delicately deep-fried. Served with sweet chilli sauce.



## ● TEMPURA RAINBOW ROLLS

4 Tempura prawn California rolls with delicate slivers of salmon & avo. Topped with Sriracha sauce, mayo & caviar.



## ● HAKE NUGGETS

Hake fillet fried in seasoned flour, drizzled with sweet chilli sauce & sprinkled with toasted sesame seeds.



## ● SPRING ROLLS

2 Deep-fried phyllo spring rolls, filled with prawn & cheese.



## ● DEEP-FRIED FUTOMAKI

3 Crispy tempura-battered maki rolls filled with tuna, salmon, prawn, cucumber & avo, complemented with sweet chilli sauce & Kewpie mayo.



## ● CATERPILLAR ROLL

3 Tempura prawn California rolls, avo & mango, topped with avo, mayo & caviar – finished with sesame seeds & a drizzle of yakitori sauce.



## ● SPICY TUNA CALI ROLL **New**

4 Seared tuna California rolls topped with avo, sesame seeds, mayo & saffron chutney, finished with micro herbs & a drizzle of our spicy honey sauce.

## VEGETARIAN



## ● VEG FUTOMAKI

3 Maki rolls filled with strawberry, pickled radish, cucumber & avo.

OUR LOVE OF SUSHI SECTION IS AVAILABLE FOR HALF PRICE WEDNESDAYS

# SASHIMI, SPECIALITIES,

## SASHIMI

### NORWEGIAN SALMON

4 Slices of premium, fresh, raw Norwegian salmon.

R85

*Norwegian Salmon*



### TUNA

4 Slices of premium, fresh, raw tuna.

R55

### TUNA CRUNCH ROLLS

8 Crispy tempura-battered & crispy flaked tuna California rolls, complemented with a mix of sweet chilli sauce & Kewpie mayo.

R105

### HAND ROLL

A hand-rolled cone of seaweed filled with rice, avo & salmon.

R59

### PRAWN RELOAD

6 Piece prawn & avo California rolls, served on top of a drizzle of Sriracha mayo with Yakitori sauce, avalanche balls & finished with mango slices, caviar, micro-herbs & sesame seeds.

R85

*Prawn Reload*



# SALADS



## SALADS

### TUNA SALMON

Chopped cucumber, seared tuna or salmon & avo, stacked & topped with Kewpie mayo & sesame seeds.

R89  
R99

### PRAWN SALAD

Chopped cucumber & prawn, stacked & topped with Kewpie mayo & sesame seeds.

R89

### POKE SALMON

A bowl of salmon, sushi rice, carrots, edamame beans, avo & cucumber topped with sesame seeds & yakitori sauce.

R69

### POKE TUNA

A bowl of tuna, sushi rice, carrots, edamame beans, avo & cucumber topped with sesame seeds & yakitori sauce.

R69

## ROSES

### SALMON ROSES

3 Delicate slivers of salmon, each wrapped around rice & topped with avo, Kewpie mayo & caviar.

R69

### TUNA ROSES

3 Delicate slivers of tuna, each wrapped around rice & topped with avo, Kewpie mayo & caviar.

R49



# SUSHI PLATTERS

**BUILD YOUR OWN PLATTER**  
**R109**

**CHOOSE ANY 3 OF THE FOLLOWING:  
AVALANCHE, SALMON CALIFORNIA, RAINBOW ROLLS SALMON,  
C & C BOMB, SALMON SANDWICH**

## **TWO OCEANS PLATTER**

**R115**

4x Prawn avalanche  
4x The bomb



## **RAINBOW WARRIOR PLATTER**

**R132**

4x Tuna rainbow rolls  
4x Salmon rainbow rolls  
4x Prawn rainbow rolls



## **MARITIME PLATTER**

**R289**

2x Spring rolls  
2x Tempura prawns  
4x Salmon California rolls  
4x The bomb  
2x Tuna rainbow rolls  
2x Salmon roses  
2x Prawn avalanche



# WINE LIST



# WINE

## SPARKLING WINE

	Glass	Bottle
<b>DURBANVILLE HILLS SPARKLING SAUVIGNON BLANC</b> This vivacious, zesty sparkling wine bursts with tropical aromas of litchi, guava & mango, following through onto the palate, ending with a lively finish.		R199

## DRY WHITE WINE

	Glass	Bottle
<b>GRAÇA JD'S FAV!</b> JD's favourite sharing wine! Crisp, off-dry & well-balanced with tropical fruit & citrus flavours.		R99
<b>DROSTDY-HOF EXTRA LIGHT</b> Light, crisp & lower in alcohol & kilojoules.		R96
<b>MEERKAT CHENIN BLANC</b> A fusion of white fruits, litchi, apple, quince & a rich tropical aroma. The palate is fresh & fruity with a lovely acid balance.		R132
<b>DURBANVILLE HILLS CHARDONNAY</b> Aromas of yellow citrus, stone fruit, orange blossom & a hint of sweet oak.		R145
<b>VAN LOVEREN DAYDREAM CHARDONNAY PINOT NOIR</b> A crisp, off-dry wine with upfront fresh floral flavours & a soft & fruity finish. An easy-drinking, uncomplicated wine.		R154
<b>TWO OCEANS SAUVIGNON BLANC</b> An elegant wine with a crisp acidity, offering a bounty of passion fruit, green apple & sweet melon flavours.	R39	R112
<b>CHENIN NO 5</b> A highly aromatic wine with flavours of quince, guava, Granny Smith apples & herbal nuances. The well-rounded palate ends in a crisp, dry finish.		R135
<b>VAN LOVEREN ALMOST ZERO WONDERFUL WHITE</b> An elegant white with delicate apple, citrus & tropical fruit flavours. Enjoy with your favourite salad, sushi & summer fare.		R169
<b>ONE GRAPE SAUVIGNON BLANC</b> Known for its green herbal flavours, classic crisp & dry characteristics.	R35	R99



Enjoy Responsibly. Alcohol not for persons under the age of 18.

Keep the wind in your sails with our favourite wines!

## DRY RED WINE

	Glass	Bottle
<b>AFRICAN JAVA PINOTAGE</b> Oak matured with vibrant plum & ripe berry fruit on the palate. The wine has an intense aroma of roasted coffee beans followed by a smoky mocha-java aftertaste.	R60	R175
<b>MEERKAT BURROW BLEND</b> A warm accessible wine, made from classic Merlot & Cabernet Sauvignon. A wine rich with ripe red cherry character, sweet blackcurrant & subtle liquorice. Nutty chocolate wood tones round off the wine & give it a long, velvety finish.		R145
<b>TWO OCEANS CABERNET SAUVIGNON MERLOT</b> An abundance of strawberry & plum aromas with slightly spicy oak nuances. Mouth-filling & soft with lots of berry flavours & a slight tannic background.	R39	R112
<b>NEDERBURG 56HUNDRED MERLOT</b> Medium-bodied, smooth drinking & rich with notes of strawberry, red currant & hints of vanilla oak.		R142
<b>ONE GRAPE MERLOT</b> Smooth, rounded & easy drinking wine.	R35	R99

## DRY PINK WINE

<b>GRAÇA ROSÉ</b> A light, off-dry wine that is fruity in taste with a slight pétillance.		R99
<b>TWO OCEANS ROSÉ</b> With a glorious colour of rosé petals, an aroma of ripe berries & a tangy, fruity taste, it's easy to drink & super food-friendly.	R39	R112

## SEMI-SWEET WINE

<b>FOUR COUSINS NATURAL SWEET ROSÉ</b> A fragrant, flame-coloured wine with gentle floral perfume. Flavours of luscious tropical fruits, peaches & raisins are followed by a lingering, silky finish.		R102
<b>DROSTDY-HOF ADELPRACHT LATE HARVEST</b> Full-bodied with intense fruit flavours & a good balance.		R107
<b>ONE GRAPE SWEET ROSÉ</b> Fruity aromas with grape, cherry & plum.	R35	R99



# BEVERAGES

## COLD DRINKS

**SODA REGULAR** 350ml by the glass R21

**SODA LARGE** 460ml by the glass R25



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**LIQUI-FRUIT** Selected flavours R25

**TISERS** Apple, red or white grape R29

**CORDIAL REGULAR** R22

**CORDIAL LARGE** R26

Lime, passion fruit or cola tonic with soda or lemonade

**LIPTON ICE TEA CAN** Peach or lemon 330ml R23

**POWERPLAY** R29

**SCHWEPES FLORAL PINK TONIC** 200ml R21

**SCHWEPES CUCUMBER TONIC** 200ml R21

**FRESH FRUIT JUICE** R18

Ask waiter about selection



## SUGAR FREE

**VALPRÉ WATER** Still or sparkling 350ml R19

**VALPRÉ WATER** Still or sparkling 750ml R36

**COKE ZERO** 300ml R22

**COKE LIGHT** 300ml R22



## CIDERS & READY-TO-DRINK

**HUNTER'S** Gold or Dry 330ml R29

**SAVANNA** Light or Dry 330ml R31

**FLYING FISH** 300ml R29

**POWERPLAY &**

**SMIRNOFF VODKA** R49

**2 X JÄGERBOMBS** *Twice the Fun!* R89

**STRONGBOW RED BERRIES** 330ml R31

**AMSTEL RADLER** 330ml R25



## BEERS *Have a cold one!*

**CASTLE LITE** 340ml R27

**CASTLE LAGER** 340ml R26

**CASTLE DRAUGHT**  
(where available) 300ml - R23 500ml - R38

**CASTLE LITE DRAUGHT**  
(where available) 300ml - R27 500ml - R41

**CARLING BLACK LABEL** 340ml R25

**HANSA PILSENER** 330ml R25

**WINDHOEK** Light or Lager 330ml R29

**STELLA ARTOIS** 330ml R32

**CORONA** 330ml R35

**BUDWEISER** 330ml R29

**WINDHOEK DRAUGHT** 440ml R31

**AMSTEL** 330ml R25

**HEINEKEN** 330ml R31

**HEINEKEN 0.0** 330ml R28

Complete your feast with something refreshing.

# Dock for Mocktails

Watermelon & Strawberry OR  
Kiwi & Pineapple  
OR Cherry Cream Soda 

**R49**  
EACH



## CAPTAIN'S COCKTAILS

STRAWBERRY DAIQUIRI	R49
PIÑA COLADA	R49
SCHWEPES FLORAL PINK	R49
CHERRY GNT	
MOJITO	R59
MARGARITA	R69
COSMOPOLITAN	R49
SCHWEPES CUCUMBER	R59
MINT GNT	



# SPECIALS



# WEEKDAY SPECIALS

Chenin-  
Bottle R99  
Glass R35

Daydream-  
Bottle R129  
Glass R45

## DOUBLE TAKE PETITE HAKE & CHIPS TUESDAYS

**R55**



## 1/2 PRICE SUSHI WEDNESDAYS



**R95** per  
bottle  
White or Rosé  
**R33** per  
glass

**OR Cabernet  
Sauvignon Merlot.**



# OUR ECO VOYAGE

Join us and together we can make a real difference. #JohnDorysCares

In partnership with our suppliers, customers and procurement team we are actively involved in ensuring the well-being of our beautiful planet and those living organisms that call it home.



We have made eradicating single-use plastic takeaway items a priority in our business. #NoToPlastic



As an alternative to palm oil for frying, we use locally-sourced sunflower oil.



With our help, Phiko, the loggerhead sea turtle hatchling, made a remarkable recovery and was successfully released back into the ocean.



We are actively involved with beach clean-up programs around South Africa, doing our part to keep our oceans and waterways plastic-free.

Find out more on our website. [www.johndorys.co.za](https://www.johndorys.co.za)

COMMON NAME	SPECIES NAME	COUNTRY OF ORIGIN	HARVEST METHOD
Hake	Merluccius capensis & Merluccius paradoxus	Namibia	Wild Caught: Offshore Demersal Trawl
Whole Mussels	Choromytilus meridionalis / Mytilus galloprovincialis	South Africa	Farmed: Raft / Rope
Squid Strips	Dosidicus gigas	Peru	Wild Caught: Jigged
Vannamei Prawns	Litopenaeus vannamei	India	Farmed: Ponds
Headless Prawns	Litopenaeus vannamei	India/Thailand	Farmed: Ponds
Yellowfin Tuna	Thunnus albacares	South Africa	Wild Caught: Pole / Line
Norwegian Salmon	Salmo salar	Norway	Farmed: Cage
Senegalese Soles	Senegalese tonguesole	The Gambia	Atisanal fishery with bottom gill nets.
Oysters	Crassostrea gigas / Ostrea edulis	South Africa / Namibia	Farmed
Pink Prawns	Pleoticus muelleri	Argentina	Wild Caught: Trawled
Boston Squid	Doryteuthis pealeii	USA	Wild Caught: Trawled
Pink Prawns L2	Pleoticus muelleri	Argentina	Wild Caught: Trawled

SMS the name of the fish to 079 499 8795 to check on the sustainability of the species. Visit [wwfsassi.co.za](http://wwfsassi.co.za) or download the WWF-SASSI App at [wwfsassi.co.za/sassi-app](http://wwfsassi.co.za/sassi-app).

**JOHN DORY'S WORKING IN PARTNERSHIP WITH WWF-SASSI TO ENSURE THAT WE MEET OUR COMMITMENTS TO SUSTAINABLE SEAFOOD.**

Find out more here:  
[www.johndorys.co.za/sustainability](http://www.johndorys.co.za/sustainability)

## BECOME A MEMBER OF JOHN'S CLUB



Earn points and redeem vouchers using your card or John's Club App! **Ask your waitron to assist!**



You receive automatic entry into John Dory's competitions, where applicable.



You earn 5% of the value of your bill (excluding VAT and waitron tip) back in points after every visit!



You receive a R100 birthday voucher after your 4th transaction within a year.



Receive a R50 voucher loaded onto your profile once you have earned 5000 points (a spend of R1000 excluding VAT and waitron tip).



View your statement and check your voucher status online, anytime, anywhere.